

JOIN US for an **Accredited Lunch Symposium** as part of the **Obesity Update 2024 Congress**



HEART OF THE MATTER: Tackling Cardiometabolic Risks in Obesity

THURSDAY, APRIL 11, 2024

11:55 a.m. – 12:55 p.m. ET

InterContinental Toronto Centre or Virtual

225 Front St W, Toronto, ON M5V 2X3

LUNCH WILL BE SERVED BEFORE THE SYMPOSIUM

LEARNING OBJECTIVES

After attending the symposium, participants will be able to:

- Recognize the heightened risk and substantial burden of cardiovascular disease among individuals with obesity, integrating this understanding into clinical practice
- Cite existing evidence that establishes the link between obesity and cardiovascular risk, facilitating informed discussions and decision-making in patient care
- Discuss and implement integrated approaches for managing both obesity and cardiovascular diseases, incorporating emerging data and practical applications

AGENDA

Please note that all times are set to Eastern Daylight Time

11:55 a.m.	Welcome and Introductions	Sandy Van, MD
11:57 a.m.	Recognizing the Risks of Obesity	Sandy Van, MD
12:05 p.m.	Understanding Obesity as a Cardiometabolic Disease	Michael Tsoukas, MD
12:15 p.m.	What Does the Data Tell Us?	Subodh Verma, MD
12:25 p.m.	Faculty and Audience Q&A	All Faculty
12:50 p.m.	Closing Remarks	Michael Tsoukas, MD

PROGRAM CHAIR:

Michael Tsoukas

MD, FRCPC
Montreal, QC



SPEAKERS:

**Sandy Van
(Moderator)**

MD, CCFP,
ABOM Diplomate
Toronto, ON



Subodh Verma

MD, PhD, FRCSC,
FAHA
Toronto, ON



PLANNING COMMITTEE:

Jasmine Bahrami

MD, PhD, FRCPC
Markham, ON

Visit ObesityUpdate.ca to register for the hybrid congress



This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Canadian Society of Endocrinology and Metabolism (CSEM). You may claim a maximum of 1.0 hours (credits are automatically calculated). This program is codeveloped by The CPD Network and CSEM with an unrestricted educational grant from Novo Nordisk, and planned to ensure scientific integrity, balance and objectivity.